



NO PAIN
GO GAIN

Mega Gain

Whey Protein
Wheat Germ



- Protein is very important for leaning body mass, making new cells, producing energy and keeping your immune system healthy.⁽¹⁾
- Older adults' bodies process protein less efficiently which makes them losing weight, dealing with a chronic or acute illness, or facing problems in memory and mental activity and immune system.⁽²⁾
- Underweight can be bad for your health as being overweight.
- The media likes to remind us all the time that being overweight and obese is unhealthy.
- Underweight complications: ⁽³⁾
 - Osteoporosis.
 - Feeling tired all the time, Fatigue and Malaise.
 - Frequent Illness and Compromised immunity.
 - Depression.
 - Hair loss may also occur when losing weight at a rapid pace.
 - Vitamin deficiencies or anaemia and Feeling Cold
 - Hormonal Issues for women.
 - Premature births.
 - Gallstone formation.
 - Increased risk of surgical complications.
 - Wasting syndrome.

Mega Gain

Whey Protein & Wheat Germ

Unique combination of Wheat germ and Whey protein provides double effect.

It is a good source of protein, minerals, carbohydrates, vitamins(E,B), PUFA and fiber

Wheat
Germ

Improves memory and Relieves exhaustion by Improving Cellular Metabolism to produce energy.

Improves Athletic Performance for physical and mental performance

Boosts Muscle Health and increases the muscle mass

Leads to Weight Gain as it is a nutrient-rich food, it is also calorie dense

Maintains muscle mass and strength, bone health and other essential physiological functions for old persons.

Whey
Protein

Contains a large supply of the amino acid Cysteine acts as Antioxidant.

Increase bone density by stimulating osteoblasts.

It is providing large amounts of rapidly and easily digestible amino acids.

Improves Athletic Performance and Body Composition
In combination with strength training by increasing strength and lean muscle mass and prevent muscle wasting^{14,5}

Mega
Gain

- Positively boosts your immune system.⁽⁶⁾
- Decreases Blood cholesterol level.⁽⁷⁾
- Reduced gut inflammation and damage by increasing both antioxidant defences and good bacteria.
- Relieves constipation⁽⁸⁾

Mega Gain

- Gives a double effect in the same time.
- High bioavailability with rapid and maximum efficacy.
- Acts with many potent effects :



- Boosts Muscle Health by increasing the muscle mass and prevent muscle wasting.
- Leads to Weight Gain.
- Improves Athletic Performance and Body Composition.
- Improves old persons' health.
- Acts as antioxidant.
- Boosts your immune system.
- Removes GIT problems.

Ingredients:

- Wheat germ
- Whey protein

Dosage:

- Dissolve table spoonful of Wheat germ powder and mix it with cup of milk, juice or yoghurt twice daily.
- Dissolve table spoonful of powder and mix it with cup of milk, juice or yoghurt twice daily

Indications:

- Athletics performance support
- Weight gain
- Fatigue
- Improvement of old age health problems

References:

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